

Your Local Pharmacy



MARKLAND WOOD
PHARMACY LTD

4335 Bloor St., West, Etobicoke, ON
416-621-2000



Home Health Care

13320

November



7.99

Tylenol
Arthritis Pain
Caps
50's



9.99

Imodium
Liqui-Gels
12's



1.29

Ricola
Lozenges
Cherry Honey Or
Original Herb
32g



5.99

Benylin DM
100ml
Selected Varieties

healthOne

Compare & Save!



1.99
Daily Pill Box
With Four
Compartments



1.99
**Oral Medication
Syringe With
Adapter**
6ml Or 10ml



2.49
**Calamine
Lotion**
100ml



5.99
Mineral Oil
Light
500ml

Prices in Effect Until Friday, November 24th, 2017 or While Quantities Last.

Diabetes Complications



Your diabetes, illuminated.

Contour next ONE

Smart Glucose Monitoring System

Remarkable accuracy in a whole new light.

The easy-to-use CONTOUR® NEXT ONE smart meter and app provides remarkably accurate blood glucose readings in a brilliant new way. **It's your diabetes, illuminated.**

Get a FREE* CONTOUR® NEXT ONE Meter
*with the purchase of CONTOUR® NEXT test strips.

ASCENSIA
Diabetes Care

contournextone.ca

© TM see www.ascensiadiabetes.ca/tm-mc.

Diabetes is a progressive disease that can lead to various health complications. Call your Doctor immediately if you experience any of the following conditions.

Nerve damage

Diabetic peripheral neuropathy most often affects the feet and legs. Damage also occurs to the blood vessels, increasing susceptibility to infections and sores or ulcers that are very slow to heal.

Warning signs of nerve damage

Numbness, an odd feeling in one or both feet, or a sharp pain, weakness or a tingling or burning feeling in any part of the body.

Eye issues

In diabetic retinopathy, the small blood vessels in the retina are damaged and weakened.

Warning signs of eye issues

Extreme redness, pressure or pain in the eye or unusual changes in vision, such as sudden loss of vision in either or both eyes, blurred vision for more than two days, or dark spots called "floaters" moving across your field of vision.

Kidney disease

Diabetic nephropathy can damage kidney blood vessels so that the kidneys cannot work properly. High blood pressure and high blood glucose levels are the main causes.

Warning signs of kidney disease

Frequent urination, burning or difficulty during urination, blood in the urine, swelling of hands and feet and around the eyes, or high blood pressure.

What else can I do to prevent or delay the complications of diabetes?

Keeping your blood glucose, blood pressure and blood lipids (fats) under control are the primary ways to reduce the complications of diabetes.

Other ways to reduce the risks and complications of diabetes

- Exercise regularly.
- Consult a dietitian and follow a balanced diet low in fats.
- See your Doctor or other health care provider regularly and remind them to check for the early signs of complications.
- If you smoke, quit.
- See your Doctor (or an Ophthalmologist or Optometrist) once a year for a dilated eye exam.

Speak to your Medical Professional or Pharmacist for more information.

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Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our Pharmacists to find out more.

- Computerized patient files
- Clinic days
- Compliance packaging
- Compounding
- Med checks
- Prescription transfer from other pharmacies



2⁹⁹

Dex4
Glucose Tablets
10's
Selected Varieties

Ross
Chocolate
No Sugar Added
Milk or Dark
34g

.99



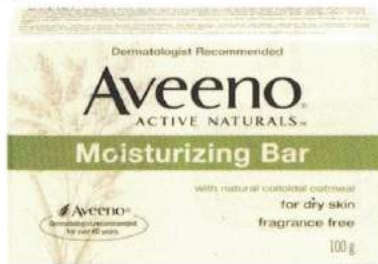
Nicoderm
Clear 7mg,
14mg Or 21mg
7's

29⁹⁹



Aveeno
Moisturizing Bar
For Dry Skin
100g

3⁷⁹

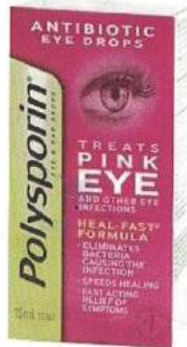


9⁹⁹

Aveeno
Eczema Care
Body Wash
295ml
Or Skin Relief
Shower Oil
295ml

Neutrogena
All-In-One Cleansing
Wipes
25's

9⁹⁹



13⁹⁹

Polysporin
Pink Eye Drops
15ml



3⁹⁹

Band-Aid
Plastic
Bandages
40 Assorted
Sizes



4⁹⁹

Formedica
Gel Toe Tubes
Antibacterial
3's



3⁴⁹
**Fabric
Bandages**
40's



7⁹⁹
**Pregnancy
Test**
1's



9⁹⁹
Omega 3-6-9
Softgels 1200mg
100's Or Omega 3
Softgels 1065mg
60's



5⁴⁹
Vitamin E
400IU Synthetic
100's

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Transferring Your Prescriptions is Easy. Ask Us How Today!



5.49

Rhinaris
Nasal Mist
30ml

Reactine
Extra Strength
Tabs
10's

9.99



6.99

NeilMed
SinuFlo Ready Rinse
240ml



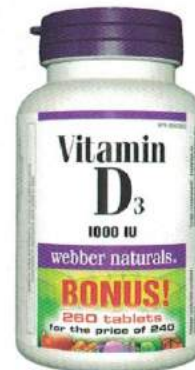
14.99

Jamieson
100% Complete
Multi Vitamins
60's Or 90's
Selected Varieties



19.99

Jamieson
Omega 3 Or
Omega 3-6-9
150 + 50's
Bonus Size



5.79

Webber
Naturals
Vitamin D3
400IU or 1000IU
Selected
Varieties

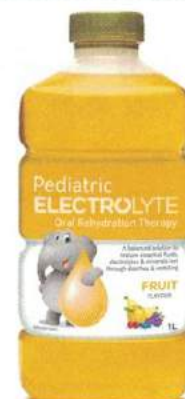
Depend
Undergarments
10's - 58's
Selected Varieties

17.99



Poise
Pads
27's - 66's
Selected Varieties

17.99



7.99

Pediatric
Electrolyte
Fruit, Grape Or
Apple
1L

Diabetes and Gum Disease

Did You Know?... People with diabetes are 75% more likely to develop gum disease. According to Diabetes Canada, having diabetes gives you a 75% higher risk of getting gum disease such as gingivitis or periodontal disease. The Canadian Dental Association states that there is now sufficient evidence to support the relationship between periodontal disease and diabetes. Inflammatory diseases such as periodontitis can be worse for a diabetic patient as their immune system is already compromised. It is more difficult for those with diabetes to fight infections, and without proper oral care, these diseases can lead to tooth loss. Please visit your dental professional regularly.



2.69

GUM
4 For The Road
Contains Travel
Toothbrush,
Toothpaste,
Dental Floss
And Flosser
Picks!

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